

Lunch Menu Autumn - Winter 2019

	Monday	Tuesday	Wednesday	Thursday	Friday		
Week 1	Cowboy Chicken served with Rice & Peas	Bolognese with Pasta Swirls & Sweetcorn	Roast Chicken, Roast Potatoes, Broccoli & Carrots	Sausage Brunch (Chipolatas, Baked Beans, Hash Brown Puffs & Bread)	Fish Cakes with Herby Diced Potato & Peas	** Vegetables are subject to Seasonality & Rice / Pasta & Pizza Base will include wholegrains.	
W/c	VEGAN - Falafel in a rich tomato sauce with Rice & Peas	Mixed Bean Risotto served with Sweetcorn	Quorn Pasties with Roast Potatoes, Broccoli & Carrots	Quorn Brunch (Quorn Sausages, Baked Beans, Hash Brown Puffs & Bread)	Cheese & Tomato Pizza with Herby Diced Potato & Peas		
01.09.19	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt		** Rice served is 50/50 Wholemeal & Long Grain
14.10.19	Jacket Potato with Cheesy Coleslaw Frozen Yoghurt Pots or Fruit	Jacket Potato with Cheese/Beans Chocolate & Pear Sponge with Custard (FBD) or Fruit	Jacket Potato with Tuna & Sweetcorn Mayonnaise Chocolate Mousse Slice or Fruit	Jacket Potato with Chicken & Vegetable Balti Ice Cream & Wafer or Fruit	Jacket Potato with Bolognese Fruit Jellies (FBD) or Fruit		** All our meat is sourced from our onsite Butchers Shop
Week 2	Tomato & Basil Chicken with Vegetable Rice	Lincolnshire Chipolatas in Gravy with Mashed Potato & Peas	Roast Pork with Apple Sauce, steamed Potatoes, Carrots & Cabbage	Hot Cheese & Ham Deli Roll with Mixed Salad	ROALD DAHL DAY Danny's Champion Chicken Burgers with Hash Browns & Boggis Bunce Beans	** Bread, Milk, Fruit and Water available for all children	
W/c	VEGAN - Vegetable & Kidney Bean Chilli served with Vegetable Rice	Vegetable Sausages in Gravy with Mashed Potato & Peas	Quorn Fillets in Gravy with Steamed Potatoes, Carrots & Cabbage	Quorn Lasagne served with Mixed Salad	Vegetable Burger with Hash Browns & Boggis Bunce Beans	Jacket Potato Options Gluten Free	
09.09.19	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Mr Twits Tuna Mayo Sandwich with Snozzcumber Sticks, Mini Matilda Muffins & Oompa Loompa Yoghurt		
Roald Dahl day 13th Sept	Jacket Potato with Cheesy Coleslaw American Pancakes with Toffee Sauce or Fruit Yoghurt	Jacket Potato with Mediterranean Chicken Pineapple Square & Custard (FBD) or Fruit Yoghurt	Jacket Potato with Tuna Sweetcorn Mavo Fruit Yoghurt or Fruit	Jacket Potato with BBQ Chicken Ice Cream & Wafer or Fruit Yoghurt	Jacket Potato with Boggis Bunce Beans James & the Giant Peach Sponge with Custard (FBD) or Oompa Loompa Yoghurt		** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
Week 3	BBQ Chicken served with Rice, Peas & Sweetcorn	Minced Beef with Yorkshire Pudding & Mixed Vegetables	Roast Gammon served with Steamed Potatoes, Cauliflower & Carrots	Lincolnshire Chipolatas served with Mashed Potatoes & Mixed Vegetables	Pepperoni Pizza served with Herby Diced Potatoes & Baked Beans		
W/c	VEGAN - Falafel in a rich tomato sauce with Rice, Peas & Sweetcorn	Mixed Bean Risotto, with Yorkshire Pudding & Mixed Vegetables	Quorn Pasties with Steamed Potatoes, Cauliflower & Carrots	Quorn Sausages served with Mashed Potatoes & Mixed Vegetables	Margerhita Pizza served with Herby Diced Potatoes & Baked Beans		
16.09.19	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Tuna & Sweetcorn Mayonnaise Ice Cream & Wafer or Fruit	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche Jacket Potato with BBQ Chicken Raspberry Mousse Slice or Fruit	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack Jacket Potato with Cheesy Coleslaw Jelly & Cream or Fruit	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars Jacket Potato with Chilli Beef Apple & Caramel Crumble Slice & Custard (FBD) or Fruit	Chicken Sandwich, Crudites, Cheese Thins & Cookie Jacket Potato with Cheese/Beans Banana Loaf (FBD) or Fruit		

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Week 4 W/c 23.09.19	Cowboy Chicken served with Rice, Peas & Sweetcorn	Chicken Nuggets, Duchess Potatoes & Baked Beans	Roast Turkey served with Roast Potatoes, Broccoli & Carrots	Fish Fingers served with Herby Diced Potatoes & Peas	Beef Lasagne with Garlic Bread and Mixed Salad	** Vegetables are subject to seasonality & Rice & Pasta & Pizza Base will include wholegrain.
	Quorn Cowboy served with Rice, Peas & Sweetcorn	Vegetarian Sausages with Duchess Potatoes & Baked Beans	Stuffed Peppers served with Roast Potatoes, Broccoli & Carrots	Quorn Pastie served with Herby Diced Potatoes & Peas	Vegan Falafel with Hash Browns and Mixed Salad	
	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	** Rice served is 50/50 Wholemeal & Long Grain
	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Cheese/Beans	Jacket Potato with BBQ Chicken	Jacket Potato with Sweet & Sour Vegetables	Jacket Potato with Cheesy Coleslaw	** All our meat is sourced from our onsite Butchers Shop
Week 5 W/c 30.09.19	BBQ Pork served with Rice & Sweetcorn	Pepperoni Pizza with Herby Diced Potatoes & Peas	BRITISH ROAST DINNER WEEK Roast Gammon with Roast Potatoes, Cauliflower & Carrots	Lincolnshire Chipolatas with Hashbrowns & Beans	Fish Cakes served with Mashed Potato & Peas	** Bread, Milk, Fruit and Water available for all children Daily
BBQ Quorn Mince with Rice & Sweetcorn	Cheesy Vegetable Pasta with Herby Diced Potatoes & Peas	Quorn Pastie, Roast Potatoes, Cauliflower & Carrots	Quorn Sausages with Hashbrowns & Baked Beans	VEGAN - Spicy Bean & Spinach Wraps	Jacket Potato Options Gluten Free	
Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks	
Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Cheesy Coleslaw	Jacket Potato with BBQ Pork	Jacket Potato with Cheese/Beans	Jacket Potato with Ratatouille		
Apple Crumble Slice & Custard or Fruit	Iced Pear Sponge (FBD) or Fruit	Jelly & Cream or Fruit	Banana Cake & Custard (FBD) or Fruit	Yoghurt or Fruit		
Week 6 W/c 07.10.19	Tomato & Basil Chicken served with Rice & Peas	Cold Lincolnshire Ham with Mashed Potato & Green Beans	Roast Chicken & Stuffing with Steamed Potatoes, Broccoli & Carrots	Margerhita Pizza with Herby Diced Potatoes & Beans	Turkey Meatballs in a Tomato and Basil sauce with Pasta, Peas & Sweetcorn	
	VEGAN -Mild Cauliflower & Chickpea Curry with Rice & Peas	Cheesy Vegetable Pasta with Green Beans	Quorn Fillets in Gravy with Steamed Potatoes, Broccoli & Carrots	Vegetable, Cheese & Tomato Pizza served with Herby Diced Potatoes & Beans	Quorn Meatballs in a Tomato and Basil Sauce with Pasta, Peas & Sweetcorn	
	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	
	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Chicken Balti	Jacket Potato with Cheese / Beans	Jacket Potato with Sweet & Sour Vegetables	
Chocolate & Pear Sponge (FBD) or Fruit Yoghurt	Lemon Drizzle Sponge or Fruit Yoghurt	Ice Cream & Wafer or Fruit Yoghurt	Topsy Turvy Pineapple Sponge & Custard (FBD) or Fruit Yoghurt	Chocolate Mousse Slice or Fruit Yoghurt		