

Lunch Menu Spring - Summer 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1 W/c 3.6.19 15.7.19	Chicken in a Tomato & Basil Sauce with Pasta & Peas	Chicken Nuggets, Duchess Potatoes, Sweetcorn & Ketchup	Roast Gammon, Roast Pots & Mixed Vegetables	Bolognaise with Pasta, Salad & Garlic Bread	Cold Lincolnshire Ham with Mashed Potato & Baked Beans	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50.
	Vegetable Nuggets with Pasta & Peas	Vegetarian Sausages with Duchess Potatoes, Sweetcorn & Ketchup	Quorn Pastie with Roast Potatoes & Mixed Vegetables	Cheesy Vegetable Pasta with Salad & Garlic Bread	VEGAN - Spicy Bean & Spinach Wraps	
	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	** All our meat is sourced from our onsite Butchers Shop
	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with BBQ Chicken	Jacket Potato with Mediterranean Chicken	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Cheese & Beans	** Bread, Fruit and Water available for all children
Frozen Strawberry Yoghurt	Apple Crumble Slice & Custard (FBD) or Fruit	Jam Doughnuts or Fruit	Banana Drizzle Loaf (FBD) or Fruit	Rich Chocolate Cake with Chocolate Custard or Fruit		
Week 2 W/c 10.6.19 22.7.19	Sweet & Sour Chicken with Rice, Peas & Sweetcorn	Fish Fingers, Mini Hash Browns, Peas & Ketchup	Roast Chicken with Roast Potatoes, Cauliflower, Carrots & Gravy	Beef Lasagne with Garlic Bread and Mixed Salad	FATHERS DAY MENU	
	Sweet & Sour Quorn with Rice, Peas & Sweetcorn	Vegetable Pasta Bake & Peas	Quorn Fillet with Roast Potatoes, Cauliflower, Carrots & Gravy	VEGAN Bangers with Garlic Bread & Mixed Salad	Hot Dogs with Herby Diced Potatoes & Baked Beans	GF Gravy
	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Hot Cheese Deli Roll with Herby Diced Potatoes & Baked Beans	** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
	Jacket Potato with Bolognaise	Jacket Potato with Chinese Chicken	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Coleslaw	Jacket Potato with BBQ Chicken	Jacket Potato Options Gluten Free (without optional cheese)
Jelly & Cream or Fruit Yoghurt	America Pancakes with Chocolate Sauce or Fruit Yoghurt	Fruit Yoghurt (FBD) or Fruit	Chocolate Chip Cookie or Fruit Yoghurt	Sticky Toffee Apple Sponge (FBD) or Fruit Yoghurt		
Week 3 W/c 17.6.19	Cowboy Chicken with Rice & Peas	Chicken Nuggets with Duchess Potatoes, Peas & Ketchup	Roast Lincolnshire Pork with Apple Sauce, Boiled Potatoes, Mixed Vegetables & Gravy	Salmon Fishcake with Herby Diced Potatoes & Beans	Bolognaise with Pasta, Diced Salad & Garlic Bread	
	VEGAN - Falafel in a rich tomato sauce with Rice & Peas	Vegetarian Nuggets with Duchess Potatoes & Peas	Vegetarian Sausages with Boiled Potatoes, Mixed Vegetables & Gravy	Cheese & Onion Lattice with Herby Diced Potatoes & Beans	Quorn Vegetable Pasta with Salad & Garlic Bread	
	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	
Jacket Potato with Beef Mince	Jacket Potato with Mexican Chicken	Jacket Potato with Coleslaw	Jacket Potato with Cheese & Beans	Jacket Potato with BBQ Chicken		
Ice Cream with Wafer or Fruit	Syrup Sponge with Custard or Fruit	Jelly & Fruit (FBD) or Fruit	Topsy Turvy Pineapple Sponge & Custard (FBD) or Fruit	Frozen Strawberry Yoghurt or Fruit		

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	Bank Holiday Monday	Tuesday	Wednesday	Thursday	Friday	
Week 4 W/c 24.6.19	Mild Creamy Chicken Curry with Rice, Vegetables & Naan	Beef Burger with Hash Brown Puffs, Peas & Ketchup	Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy	Lincolnshire Chipolatas with Mashed Potatoes, Green Beans & Gravy	Pepperoni Pizza with Herby Diced Potatoes & Beans	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50. ** All our meat is sourced from our onsite Butchers Shop ** Bread, Fruit and Water available for all children
	VEGAN -Mild Cauliflower & Chickpea Curry with Rice, Vegetables & Naan	Vegetable Burgers with Hash Brown Puffs, Peas & Ketchup	Quorn Fillet with Roast Potatoes, Mixed Vegetables & Gravy	Quorn Sausage, with Mashed Potatoes, Green Beans & Gravy	Margherita Pizza with Herby Diced Potatoes & Beans	
	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	
	Jacket Potato with Bolognese	Jacket Potato with Coleslaw	Jacket Potato with Tuna & Sweetcorn Mavonaise	Jacket Potato with Balti Chicken	Jacket Potato with Cheese & Beans	
	Chocolate Mousse Slice	Banana Loaf Cake (FBD)	Ice Cream with Wafer	Pineapple Sponge & Custard (FBD)	Frozen Yoghurt Pots	
	Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	
Week 5 W/c 1.7.19	Cowboy Chicken with Rice & Sweetcorn	Sausage Brunch (Lincolnshire Chipolatas, Baked Beans, Hash Brown Puffs & Bread)	Roast Lincolnshire Pork with Apple Sauce, Roast Potatoes, Carrots & Cabbage	Beefy Bolognese with Pasta & Diced Salad	Fishwich, Herby Diced Potatoes with Peas and Tomato Ketchup	** We endeavour to cater for Dietary Needs ** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
	VEGAN - Mixed Bean Casserole with Rice & Sweetcorn	Quorn Brunch (Quorn Sausages with Baked Beans, Hash Brown Puffs & Bread)	Cheesy Vegetable & Potato Pie with Carrots & Cabbage	Quorn Bolognese Pasta Bake with a Cheesy topping and Diced Salad	Cheese & Tomato Pizza, Herby Diced Potatoes & Peas	
	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	
	Jacket Potato with Coleslaw	Jacket Potato with Cheese & Beans	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Chicken Curry	Jacket Potato with Beef Mince	
	Jelly & Cream	Lemon & Sultana Loaf (FBD)	Fruit Yoghurt	Toffee Apple Cake with Custard (FBD)	Chocolate Chip Cookie	
	or Fruit	or Fruit	or Fruit	or Fruit	or Fruit	
Week 6 W/c 8.7.19	Chicken & Vegetable Fajita, Served with Vegetable Rice	Cottage Pie with Cauliflower & Broccoli	Roast Lincolnshire Gammon with Boiled Potatoes, Broccoli, Carrots & Gravy	Salmon Fishcake with Beans & Herby Diced Potatoes	Beef Lasagne with Garlic Bread and Mixed Salad	
	VEGAN - Vegetable & Kidney Bean Chilli served with Vegetable Rice	Vegetarian Sausages with Mashed Potato, Gravy, Broccoli & Cauliflower	Quorn Pastie with, Boiled Potatoes, Broccoli, Carrots & Gravy	Vegetable Bake with Beans & Herby Diced Potatoes	Hot Cheese & Tomato Deli Rolls with Mixed Salad	
	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	
	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Mexican Chicken	Jacket Potato with Mild Chilli Beef	Jacket Potato with Cheese & Beans	Jacket Potato with Coleslaw	
	American Pancakes with Chocolate Sauce	Apple Sponge & Custard (FBD)	Ice Cream with Wafer	Pear Loaf (FBD)	Jelly & Cream	
	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	or Fruit Yoghurt	

Willoughby Foods Allergen Information

Jacket Potato Fillings	Gluten	Cereals containing	Crustacean	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian
Bolognese																
Chilli Beef																
Minced Beef																
Cheese & Beans								X								X
Chicken Curry																
Chicken Balti																
Tuna & Sweetcorn Mayonaise				X	X											
Coleslaw				X												X
Chinese Chicken										X						
BBQ Chicken										X						
Mediterranean Chicken										X						
Mexican Chicken										X						