

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Cowboy Chicken served with Rice & Peas	Bolognese with Pasta Swirls & Sweetcorn	Roast Chicken, Roast Potatoes, Broccoli & Carrots	Sausage Brunch (Chipolatas, Baked Beans, Hash Brown Puffs & Bread)	Fish Cakes with Herby Diced Potato & Peas	** Vegetables are subject to Seasonality & Rice / Pasta & Pizza Base will include wholegrains. ** Rice served is 50/50 Wholemeal & Long Grain ** All our meat is sourced from our onsite Butchers Shop ** Bread, Milk, Fruit and Water available for all children
W/c	VEGAN - Falafel in a rich tomato sauce with Rice & Peas	Mixed Bean Risotto served with Sweetcorn	Quorn Pasties with Roast Potatoes, Broccoli & Carrots	Quorn Brunch (Quorn Sausages, Baked Beans, Hash Brown Puffs & Bread)	Cheese & Tomato Pizza with Herby Diced Potato & Peas	
02.09.19	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	
14.10.19	Jacket Potato with Cheesy Coleslaw Frozen Yoghurt Pots or Fruit	Jacket Potato with Cheese/Beans Chocolate & Pear Sponge with Custard (FBD) or Fruit	Jacket Potato with Tuna & Sweetcorn Mayonnaise Chocolate Mousse Slice or Fruit	Jacket Potato with Chicken & Vegetable Balti Ice Cream & Wafer or Fruit	Jacket Potato with Bolognese Fruit Jellies (FBD) or Fruit	
Week 2	Tomato & Basil Chicken with Vegetable Rice	Lincolnshire Chipolatas in Gravy with Mashed Potato & Peas	Roast Pork with Apple Sauce, steamed Potatoes, Carrots & Cabbage	Hot Cheese & Ham Deli Roll with Mixed Salad	ROALD DAHL DAY Danny's Champion Chicken Burgers with Hash Browns & Bogis Bunce Beans	Jacket Potato Options Gluten Free ** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
W/c	VEGAN - Vegetable & Kidney Bean Chilli served with Vegetable Rice	Vegetable Sausages in Gravy with Mashed Potato & Peas	Quorn Fillets in Gravy with Steamed Potatoes, Carrots & Cabbage	Quorn Lasagne served with Mixed Salad	Vegetable Burger with Hash Browns & Bogis Bunce Beans	
09.09.19	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Mr Twits Tuna Mayo Sandwich with Snozzcumber Sticks, Mini Matilda Muffins & Oompa Loompa Yoghurt	
Roald Dahl day 13th Sept	Jacket Potato with Cheesy Coleslaw American Pancakes with Toffee Sauce or Fruit Yoghurt	Jacket Potato with Mediterranean Chicken Pineapple Square & Custard (FBD) or Fruit Yoghurt	Jacket Potato with Tuna Sweetcorn Mayo Fruit Yoghurt or Fruit	Jacket Potato with BBQ Chicken Ice Cream & Wafer or Fruit Yoghurt	Jacket Potato with Boggis Bunce Beans James & the Giant Peach Sponge with Custard (FBD) or Oompa Lunpa Yoghurt	
Week 3	BBQ Chicken served with Rice, Peas & Sweetcorn	Minced Beef with Yorkshire Pudding & Mixed Vegetables	Roast Gammon served with Steamed Potatoes, Cauliflower & Carrots	Lincolnshire Chipolatas served with Mashed Potatoes & Mixed Vegetables	Pepperoni Pizza served with Herby Diced Potatoes & Baked Beans	
W/c	VEGAN - Falafel in a rich tomato sauce with Rice, Peas & Sweetcorn	Mixed Bean Risotto, with Yorkshire Pudding & Mixed Vegetables	Quorn Pasties with Steamed Potatoes, Cauliflower & Carrots	Quorn Sausages served with Mashed Potatoes & Mixed Vegetables	Margerhita Pizza served with Herby Diced Potatoes & Baked Beans	
16.09.19	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Chicken Sandwich, Crudites, Cheese Thins & Cookie	
	Jacket Potato with Tuna & Sweetcorn Mayonnaise Ice Cream & Wafer or Fruit	Jacket Potato with BBQ Chicken Raspberry Mousse Slice or Fruit	Jacket Potato with Cheesy Coleslaw Jelly & Cream or Fruit	Jacket Potato with Chilli Beef Apple & Caramel Crumble Slice & Custard (FBD) or Fruit	Jacket Potato with Cheese/Beans Banana Loaf (FBD) or Fruit	

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 4 W/c 23.09.19	Cowboy Chicken served with Rice, Peas & Sweetcorn	Chicken Nuggets, Duchess Potatoes & Baked Beans	Roast Turkey served with Roast Potatoes, Broccoli & Carrots	Fish Fingers served with Herby Diced Potatoes & Peas	Beef Lasagne with Garlic Bread and Mixed Salad	** Vegetables are subject to seasonality & Rice & Pasta & Pizza Base will include wholegrain.
	Quorn Cowboy served with Rice, Peas & Sweetcorn	Vegetarian Sausages with Duchess Potatoes & Baked Beans	Stuffed Peppers served with Roast Potatoes, Broccoli & Carrots	Quorn Pastie served with Herby Diced Potatoes & Peas	Vegan Falafel with Hash Browns and Mixed Salad	
	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	** Rice served is 50/50 Wholemeal & Long Grain
	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Cheese/Beans	Jacket Potato with BBQ Chicken	Jacket Potato with Sweet & Sour Vegetables	Jacket Potato with Cheesy Coleslaw	** All our meat is sourced from our onsite Butchers Shop
	Frozen Yoghurt Pots or Fruit Yoghurt	Apple Sponge & Custard (FBD) or Fruit	Chocolate Mousse Slice or Fruit Yoghurt	Iced Mandarin Square (FBD) or Fruit Yoghurt	Cookie or Fruit Yoghurt	
Week 5 W/c 30.09.19	BBQ Pork served with Rice & Sweetcorn	Pepperoni Pizza with Herby Diced Potatoes & Peas	BRITISH ROAST DINNER WEEK Roast Gammon with Roast Potatoes, Cauliflower & Carrots	Lincolnshire Chipolatas with Hashbrowns & Beans	Fish Cakes served with Mashed Potato & Peas	** Bread, Milk, Fruit and Water available for all children Daily
	BBQ Quorn Mince with Rice & Sweetcorn	Cheesy Vegetable Pasta with Herby Diced Potatoes & Peas	Quorn Pastie, Roast Potatoes, Cauliflower & Carrots	Quorn Sausages with Hashbrowns & Baked Beans	VEGAN - Spicy Bean & Spinach Wraps	Jacket Potato Options Gluten Free
	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	
	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Cheesy Coleslaw	Jacket Potato with BBQ Pork	Jacket Potato with Cheese/Beans	Jacket Potato with Ratatouille	** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
	Apple Crumble Slice & Custard or Fruit	Iced Pear Sponge (FBD) or Fruit	Jelly & Cream or Fruit	Banana Cake & Custard (FBD) or Fruit	Yoghurt or Fruit	
Week 6 W/c 07.10.19	Tomato & Basil Chicken served with Rice & Peas	Cold Lincolnshire Ham with Mashed Potato & Green Beans	Roast Chicken & Stuffing with Steamed Potatoes, Broccoli & Carrots	Margerhita Pizza with Herby Diced Potatoes & Beans	Turkey Meatballs in a Tomato and Basil sauce with Pasta, Peas & Sweetcorn	
	VEGAN -Mild Cauliflower & Chickpea Curry with Rice & Peas	Cheesy Vegetable Pasta with Green Beans	Quorn Fillets in Gravy with Steamed Potatoes, Broccoli & Carrots	Vegetable, Cheese & Tomato Pizza served with Herby Diced Potatoes & Beans	Quorn Meatballs in a Tomato and Basil Sauce with Pasta, Peas & Sweetcorn	
	Cheese Sandwich, Crudites, Mini Cheddars & Choc Brioche	Hot Cheese & Ham Deli Roll, Crudites, Apple & Mini Cheddars	Chicken Sandwich, Crudites, Cheese Thins & Cookie	Ham Sandwich, Cheese Portion, Cream Cracker & Flapjack	Cream Cheese Filled Croissant, Crudites, Dried Fruit & Fruit Yoghurt	
	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Tuna & Sweetcorn Mayonnaise	Jacket Potato with Chicken Balti	Jacket Potato with Cheese / Beans	Jacket Potato with Sweet & Sour Vegetables	
	Chocolate & Pear Sponge (FBD) or Fruit Yoghurt	Lemon Drizzle Sponge or Fruit Yoghurt	Ice Cream & Wafer or Fruit Yoghurt	Topsy Turvy Pineapple Sponge & Custard (FBD) or Fruit Yoghurt	Chocolate Mousse Slice or Fruit Yoghurt	

Willoughby Foods Allergen Information

Main Meals	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Seseme	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Tomato & Basil Chicken	X		X			X	X									
Quorn Meatballs in Tom & Basil Sauce	X		X				X								X	
Sausage Brunch	X		X				X									
Quorn Sausage Brunch	X		X			X	X								X	
Roast Pork & Apple Sauce	X															
Quorn Pasties	X		X			X	X								X	
Bolognaise & Pasta Swirls	X		X			X	X		X	X						
Mixed Bean Risotto	X								X	X					X	
Lincolnshire Chipolatas	X															
Cheese & Tomato Pizza	X						X					X			X	
Cowboy Chicken	X		X			X	X		X	X	X					
Quorn Cowboy	X		X			X	X		X	X	X				X	
Quorn Sausages	X		X			X	X								X	
Roast Chicken																
Quorn Fillet in Gravy	X		X			X									X	
Danny's Champion Chicken Burgers	X						X									
Vegetable Burger	X					X									X	
Hot Ham & Cheese Deli Roll	X						X				X					
Quorn Lasagne	X		X			X	X		X	X					X	
BBQ Chicken	X		X				X		X	X		X				
Minced Beef in Yorkshire Puddings	X		X				X									
Roast Gammon																
Pepperoni Pizza	X						X									
Margarhita Pizza	X						X								X	
Fish Fingers	X			X												
Mixed Bean Risotto	X														X	
Stuffed Peppers	X						X								X	
Chicken Nuggets	X						X									
BBQ Pork	X		X						X	X						

Willoughby Foods Allergen Information

Jacket Potato Fillings	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian
Jacket Potato															x
Bolognaise															
Chilli Beef															
Cheese & Beans							x								x
Tuna & Sweetcorn Mayonaise			x	x											
Cheesy Coleslaw			x				x								x
BBQ Chicken															
Meditterean Chicken															
BBQ Pork															
Ratatouille															x
Chicken & Vegetable Balti															
Chicken Balti															
Sweet & Sour Vegetables									x						x

