

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1 W/c 25.2.19	BBQ Chicken Served with Rice, Peas & Sweetcorn	Fish Cake with Herby Diced Potatoes, Peas & Ketchup	Roast Lincolnshire Gammon with Gravy, Roast Potatoes, Broccoli & Carrots	Bolognaise with Pasta, Salad & Garlic Bread	Lincolnshire Sausage with Beans & Mashed Potato	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50. ** All our meat is sourced from our onsite Butchers Shop ** Bread, Fruit and Water available for all children
	Mixed Bean Casserole Served with Rice, Peas & Sweetcorn	Country Veg Bakes, Herby Diced Potatoes, Peas & Ketchup	Quorn Pasties with Roast Potatoes, Broccoli & Carrots	Cheesy Quorn, Tomato & Basil Pasta Bake served with Salad	Quorn Sausage with Beans & Mashed Potato	
	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks	Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche	Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack	Chicken Sandwich, Crudites, Cream Cracker & Cookies	
	Jacket Potato with Cheese/Beans	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Cheese/Beans	Jacket Potato with Bolognaise	
	Ice Cream & Wafer or Fruit Yoghurt	Sticky Chocolate Cake or Fruit Yoghurt	Fruit Yoghurt or Fruit	Apple Crumble Slice & Custard (FBD) or Fruit Yoghurt	Banana Drizzle Loaf (FBD) or Fruit Yoghurt	
Week 2 W/c 04.3.19	Mild Chilli Beef with Rice & Mini Mixed Veg	Chicken Burger, Mashed Potato & Peas	Roast Chicken with Stuffing, Gravy, Roast Potatoes & Winter Vegetables	WORLD BOOK DAY Dave's Breakfast Blast Off Sausage, Beans, Hashbrown and Bread	Meaty Beef Lasagne with Garlic Bread & Mixed Salad	All Jacket Potato Fillings are Gluten Free ** Fish Cakes will contain Salmon at least once every 3 Weeks All Gravy is Gluten Free
	Cheesy Vegetable Pasta with Mini Mixed Veg	Veggie Burger, Mashed Potato & Peas	Stuffed Peppers with Roast Potatoes & Winter Vegetables	Wiffy Wilson Veggie Sausages	Quorn Lasagne, Garlic Bread & Mixed Salad	
	Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack	Chicken Sandwich, Crudites, Cream Cracker & Cookies	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Paddington Sandwiches, Hungry Harry Houmous, Breadsticks and Doughnut	Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks	
	Jacket Potato with Cheese/Beans	Jacket Potato with Chilli Beef	Jacket Potato with Chicken & Sweetcorn Mayonnaise	The 'Bean Machine' Potato	Jacket Potato with Tuna Mayo	
	American Pancakes & Chocolate Sauce Fresh Fruit	Toffee Apple Sponge with Custard (FBD) or Fresh Fruit	Fruit Yoghurt or Fresh Fruit	Doughnuts for Dragons or Fresh Fruit	Peach Sponge & Custard (FBD) or Fresh Fruit	
Week 3 W/c 11.3.19	Mild Chicken Curry with Rice, Peas & Naan Bread	Cheese & Tomato Pizza, Herby Diced Potatoes & Mixed Salad	Lincolnshire Beef with boiled Potatoes, Cauliflower & Carrots	Chicken Nuggets, Hash Brown Puffs & Beans	Lincolnshire Chipolatas with Mashed Potatoes and Green Beans with Gravy	Fruit Yoghurts will be Strawberry unless stated All Sides and Jacket Fillings come separate to the main meal to allow for allergens and special dietary requirements
	Macaroni Cheese with Peas	Vegetable Lasagne with Mixed Salad	Quorn Pastie served with Boiled Pots, Cauliflower & Carrots	Quorn Nuggets with Hash Brown Puffs & Beans	Chickpea Casserole with Mashed Potatoes and Green Beans	
	Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt	Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche	Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack	Chicken Sandwich, Crudites, Cream Cracker & Cookies	Hot Cheese & Ham Deli Roll, Tomatoes, Banana & Bread Sticks	
	Jacket Potato with Cheese & Coleslaw	Jacket Potato with Chicken Balti	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese/Beans	Jacket Potato with Cheese/Beans	
	Jelly & Fruit (FBD) or Fruit Yoghurt	Strawberry Sponge & Custard (FBD) Fruit Yoghurt	Ice Cream & Wafer or Fruit Yoghurt	Chocolate Chip Cookie or Fruit Yoghurt	Lemon & Honey Loaf Cake or Fruit Yoghurt	

	Monday	Tuesday	Wednesday	Thursday	Friday			
Week 4 W/c 18.3.19	Fish Cakes, Herby Diced Potatoes, Peas & Ketchup Cheese & Onion Lattice, Herby Diced Potatoes, Peas & Ketchup Chicken Sandwich, Crudites, Cream Cracker & Cookie Jacket Potato with Cheese & Beans Chocolate Mousse Slice or Fresh Fruit	Cowboy Chicken with Rice, Sweetcorn & Peas Cheesy Vegetable Pasta with Sweetcorn & Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Coleslaw Pineapple Sponge & Custard (FBD) or Fresh Fruit	Roast Lincolnshire Gammon with Gravy, Boiled Potatoes, Broccoli and Carrots Quorn Fillet with Boiled Potatoes, Broccoli and Carrots Cheese Sandwich, Crudites, Mini Cheddar & Chocolate Brioche Jacket Potato with Tuna & Sweetcorn Mayonnaise Ice Cream & Wafer or Fresh Fruit	Lincolnshire Chipolatas with Mashed Potatoes, Green Beans & Gravy Quorn Sausage, with Mashed Potatoes, Green Beans & Gravy Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Chicken Balti Chocolate Loaf Cake & Chocolate Custard or Fresh Fruit	Meaty Beef Lasagne with Garlic Bread and Mixed Salad Vegetarian Pizza with Mixed Salad Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese & Beans Fruit Yoghurt (FBD) or Fresh Fruit	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50. ** All our meat is sourced from our onsite Butchers Shop ** Bread, Fruit and Water available for all children		
	Week 5 w/c 25.3.19	Mexican Chicken with Tortilla, Rice & Peas Vegetable Chilli with Tortilla, Rice & Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Tuna & Sweetcorn Mayonnaise Jelly and Fruit (FBD) or Fruit Yoghurt	Fish Cake with Beans & Herby Diced Potatoes Country Veg Bakes with Beans & Herby Diced Potatoes Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese & Beans Chocolate Manadarin Marble Cake (FBD) or Fruit Yoghurt	Roast Lincolnshire Turkey, served with Gravy, Roast Potatoes & Spring Vegetables Chickpea Casserole with Roast Potatoes & Spring Vegetables Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Cheesy Coleslaw Chocolate Mousse Slice or Fruit Yoghurt	Sweet & Sour Chicken with Vegetable Rice Quorn Mince with Vegetable Rice Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Cheese & Beans Ice Cream & Wafer or Fruit Yoghurt	Mothers Day Cottage Pie served with Winter Vegetables Crispy Cheesy Mashed Potato with Winter Mixed Vegetables Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Chinese Chicken Mum's Pink Cherry Cake or Fruit Yoghurt	All Jacket Potato Fillings are Gluten Free ** Fish Cakes will contain Salmon at least once every 3 Weeks All Gravy is Gluten Free	
		Week 6 w/c 01.4.19	Chicken & Vegetable Casserole with Boiled Potatoes and Peas Veggie Sausage, with Boiled Potatoes and Peas Cream Cheese filled Croissant with Crudites, Dried Fruit & Fruit Yoghurt Jacket Potato with Tuna & Sweetcorn Mayo Jam Sponge & Custard (FBD) or Fresh Fruit	Pasta Bolognese with Garlic Bread & Salad Tomato & Vegetable Pasta with Garlic Bread & Salad Hot Cheese & Ham Deli Roll, Crudites, Banana & Bread Sticks Jacket Potato with Mediteranean Chicken American Pancakes with Chocolate Sauce or Fresh Fruit	Roast Chicken with Gravy, Roast Potatoes, Broccoli & Carrots Quorn Pastie with Roast Potatoes, Broccoli & Carrots Cheese Sandwich, Crudites, Mini Cheddars & Chocolate Brioche Jacket Potato with Cheesy Coleslaw Frozen Yoghurt Pots or Fresh Fruit	Fish Fingers with Hash Brown Puffs and Peas with Ketchup Vegetable Nuggets with Hash Brown Puffs and Peas with Ketchup Ham Sandwich, Cheese Portion, Bread Sticks & Flapjack Jacket Potato with Cheese/Beans Lemon & Sultana Loaf Cake (FBD) or Fresh Fruit	Cheese & Tomato Pizza with Herby Diced Potatoes, Baked Beans Mediterranean Veg Pizza with Herby Diced Potatoes & Baked Beans Chicken Sandwich, Crudites, Cream Cracker & Cookies Jacket Potato with Cheese & Beans Fruit Yoghurts or Fresh Fruit	**Fruit Yoghurts will be Strawberry unless stated **All Sides & Jacket Fillings come separate to the main meal to allow for allergens and special dietary requirements

Main Meals	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Veggie Burgers	x						x			x					x	
Mexican Chicken with Torillas	x		x							x	x					
Veggie Chilli	x					x									x	
Tomato & Vegetable Pasta	x					x	x			x					x	
Mild Chilli Beef	x					x										
Cheesy Vegetable Pasta	x		x				x								x	
Country Vegetable Bakes	x						x								x	
Cottage Pie	x						x									
BBQ Chicken	x											x				
Cowboy Chicken	x															
Roast Lincolnshire Turkey																
Chicken & Vegetable Casserole	x															
Fish Fingers	x		x				x									
Mixed Bean Casserole	x														x	
Quorn Sausage	x		x				x								x	
Vegetable Lasagne	x		x				x								x	
Chickpea Casserole	x														x	x
Cheesy Vegetable Pasta	x		x				x								x	
Quorn Mince	x		x												x	
Crispey Cheesy Mashed Potato							x								x	
Vegetable Nuggets	x														x	x
Cheese & Onion Lattice	x					x	x		x	x					x	
Breakfast Blast Off	x											x				
Lincolnshire Beef																
Mediterranean Veg Pizza	x						x					x			x	

Willoughby Foods Allergen Information

Side Dishes	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Baked Beans															X	X
Broccoli															X	X
Carrots															X	X
Cauliflower															X	X
Herby Diced Potatoes	X														X	X
Roast Potatoes	X														X	X
Mashed Potato							X								X	
Tortilla Wrap	X						X								X	
Garlic Bread	X					X									X	
Gravy						X									X	X
Green Beans															X	X
Peas															X	X
Pasta	X		X												X	
Naan Bread	X						X								X	
Rice															X	X
Mixed Salad															X	X
Sweetcorn															X	X
Mini Mixed Veg																X
Hash Brown Puffs															X	X
Boiled Potatoes															X	X
Winter Vegetables															X	X
Spring Vegetables															X	X
Ketchup															X	X
Stuffing Balls	X						X								X	
Sliced Bread	X						X								X	

All Gravy will be GF & Vegan

Willoughby Foods Allergen Information

Desserts	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Fruit Yoghurts - Low Fat							x								x	
Sticky Chocolate Cake	x		x										x		x	
Apple Crumble Slice	x		x				x									
Banana Drizzle Loaf	x		x												x	
Chocolate Chip Cookies	x		x			x	x								x	
Ice Cream & Wafer	x					x	x								x	
Fruit & Jellies																
Strawberry Sponge & Custard	x		x				x						x		x	
Pineapple Sponge & Custard	x		x			x	x								x	
Toffee Apple Sponge & Custard	x		x				x						x		x	
Pancakes & Chocolate Sauce	x		x				x						x		x	
Peach Sponge & Custard	x		x				x						x			
Chocolate Mousse Slice	x		x			x	x									
Lemon & Honey Loaf	x		x										x			
Frozen Yoghurt Pots							x									
Chocolate & Orange Marble Cake	x		x										x		x	
Chcocolate Loaf Cake with Choc Custard	x		x				x						x		x	
Doughnuts for Dragons (Jam Doughnuts)	x		x			x	x				x					
Mum's Pink Cherry Cake	x		x										x		x	
Lemon & Sultana Loaf	x		x										x			

Willoughby Foods Allergen Information

Packed Lunches	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian	Vegan
Hot Cheese & Ham Deli Roll	x					x	x									
Ham Sandwich	x					x	x									
Chicken Sandwich	x					x	x									
Cheese Sandwich	x					x	x								x	
Crudites															x	x
Fruit Bag															x	x
Fruit Yoghurt - Low Fat	x						x								x	
Mini Cheddars	x		x			x	x								x	
Cream Cheese Filled Croissant	x		x				x									
Bread Sticks	x														x	x
Chocolate Brioche	x		x			x	x									
Cheese Portion							x								x	
Flapjack	x		x			x	x								x	
Cream Cracker	x														x	x
Chocolate Chip Cookies	x		x			x	x								x	
Banana															x	x
Cherry Tomatoes															x	x
Paddington Sandwich	x					x	x								x	
Hungry Harry Houmous													x		x	
Doughnuts for Dragons	x		x			x	x				x				x	

