

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week 1</b>  <b>W/c</b>  <b>1.1.18</b>	Sweet & Sour Pork with Rice, Peas & Sweetcorn	Breaded Fish with Herby Diced Potatoes & Peas	Roast Chicken with Stuffing, Gravy, Roast Potatoes, Broccoli & Carrots	Bolognese with Pasta, Salad & Garlic Bread	Lincolnshire Sausage with Beans & Mashed Potato	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50.  ** All our meat is sourced from our onsite Butchers Shop  ** Bread, Fruit and Water available for all children
	Quorn, Tomato & Basil Pasta topped with Cheese, served with Peas & Sweetcorn	Country Veg Bakes, Herby Diced Potatoes & Peas	Quorn Pasties with Roast Potatoes, Broccoli & Carrots	Filled Jacket Potatoes with Cheese & Salad	Quorn Sausage with Beans & Mashed Potato	
	Egg Finger Roll, Crudities, Cheesy Biscuits & Fruit	Hot Cheese Deli Roll, Crudities & Banana	Ham Salad Sandwich, Crudities & Fruit	Tuna Mayo Wrap, Crudities, Raisin & Sultana Bag & Yoghurt	Cheese Pasta Salad Pot, Crudities, Cheese & Crackers & Fruit	
	Jacket Potato with Cheese/Beans	Jacket Potato with Cheesy Coleslaw	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Cheese/Beans	Jacket Potato with Bolognese	
	Belgium Waffles with Toffee Sauce or Fruit	Fruit Yoghurts or Fruit	Sticky Chocolate Cake or Fruit	Apple Crumble Slice & Custard (FBD) or Fruit	Banana Drizzle Loaf Slice (FBD) or Fruit	
<b>Week 2</b>  <b>W/c</b>  <b>8.1.18</b>	PIRATES DAY - Cpt. Jack's Caribbean Chicken with Rice, Peas & Sweetcorn	Turkey Meatballs in Rich Tomato & Basil Sauce, Pasta with Peas/Sweetcorn	Roast Lincolnshire Gammon with Gravy, Roast Potatoes, Cabbage & Carrots	Sausage Plait served with Duchess Potatoes & Baked Beans	Chicken Burger, Curly Fries & Baked Beans	** We endeavour to cater for Dietary Needs  ** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks
	Cheesy Treasure Chest Mashed Potato with Peas & Sweetcorn	Quorn Meat Balls in Tomato & Basil Sauce, Pasta, Peas & Sweetcorn	Stuffed Peppers with Roast Potatoes, Cabbage & Carrots	Quorn Pastie served with Duchess Potatoes and Baked Beans	Veggie Burger, Curly Fries & Baked Beans	
	Seafarer's Tuna Mayo Wrap, Crudities, Raisin & Sultana Bag & Yoghurt	Chicken Salad Sandwich, Crudities & Fruit	Ham Salad Pitta Pockets, Crudites, Mini Cheddar Bag & Fruit	Sausage Roll with Crudities, Raisin & Sultana Bag & Yoghurt	Tuna & Sweetcorn Mayo Pasta Box, Crudities, Cheese & Crackers & Fruit	
	Jacket Potato with Cheese/Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Chicken Curry	Jacket Potato with Cheese/Beans	
	Blue Choppy Sea Jelly or Fruit	Floppy Pancakes & Strawberry Sauce or Fruit	Chocolate Chip Cookie or Fruit	Banana & Custard (FBD) or Fruit	Fruit Crumble and Custard (FBD) or Fruit	
<b>Week 3</b>  <b>W/c</b>  <b>15.1.18</b>	Mild Chicken Curry with Rice, Peas & Naan Bread	Ham & Pineapple Pizza, Herby Diced Potatoes & Mixed Salad	Roast Lincolnshire Pork & Apple Sauce with Gravy, Roast Potatoes, Cauliflower & Carrots	Chicken Nuggets Duchess Potatoes & Beans	Cottage Pie served with Winter Mixed Vegetables	
	Macaroni Cheese with Peas	Cheese & Tomato Pizza, Herby Diced Potatoes & Mixed Salad	Cheesy Jacket Potatoes with Cauliflower & Carrots	Quorn Nuggets with Duchess Potatoes & Beans	Crispy Cheesy Mashed Potato with Winter Mixed Vegetables	
	Egg Finger Roll, Crudities, Cheesy Biscuits & Fruit	Ham Salad Sandwich, Crudities & Fruit	Cream Cheese & Cucumber Sandwich, Crudities & Fruit	Chicken Salad Wrap, Crudities, Raisin & Sultana Bag & Yoghurt	Hot Cheese Deli Roll, Crudities & Banana	
	Jacket Potato with Cheese/Beans	Jacket Potato with Chicken Balti	Jacket Potato with Cheese & Coleslaw	Jacket Potato with Cheese/Beans	Jacket Potato with Bolognese	
	Iced Mandarin Sponge (FBD) or Fruit	Fruit and Jellies (FBD) Fruit	Fruit Yoghurts or Fruit	Jam Sponge or Fruit	Ice Cream & Wafer or Fruit	

	Monday	Tuesday	Wednesday	Thursday	Friday			
<b>Week 4</b>  <b>W/c</b>  <b>22.1.18</b>	Cowboy Chicken with Rice, Sweetcorn & Green Beans  Vegetable Pasta with Tomato & Basil Sauce, Sweetcorn & Green Beans  Egg Mayo Sandwich, Crudities & Fruit  Jacket Potato with Cheese/Beans  Chocolate Mousse Slice or Fruit	Salmon Fish Cakes, Herby Diced Potato and Peas  Cheese & Tomato Pizza, Herby Diced Potatoes & Peas  Chicken Salad Sandwich, Crudities & Fruit  Jacket Potato with Tuna & Sweetcorn Mayonnaise  Pineapple Sponge & Custard (FBD) or Fruit	Roast Lincolnshire Gammon with Gravy, Roast Potatoes, Broccoli and Carrots  Quorn Fillet with Roast Potatoes, Broccoli and Carrots  Tuna & Sweetcorn Mayo Pasta Box, Crudities, Cheese & Crackers & Fruit  Jacket Potato with Chicken Balti  Ice Cream with Wafer or Fruit	Lincolnshire Chipolatas with Mashed Potatoes, Green Beans & Gravy  Veggie Sausage, with Mashed Potatoes, Green Beans & Gravy  Ham Salad Sandwich, Crudities, & Fruit  Jacket Potato with Cheese/Beans  Apple and Sultanas with Pastry Top & Custard (FBD) or Fruit	Hot Deli Cheese & Ham Roll with Mixed Salad  Vegetable Pizza with Beans  Sausage Roll, Crudities Raisin & Sultana Bag & Yoghurt  Jacket Potato with Coleslaw  Fruit Yoghurt or Fruit	** Vegetables are subject to seasonality & Rice, Pasta and Pizza Bases are Wholegrain or 50/50.  ** All our meat is sourced from our onsite Butchers Shop  ** Bread, Fruit and Water available for all children		
	<b>Week 5</b>  <b>w/c</b>  <b>19.1.18</b>	Chicken & Vegetable Fajita with Rice  Vegetable & Chickpea Curry with Rice & Naan Bread  Egg Finger Roll, Crudities, Cheesy Biscuit & Fruit  Jacket Potato with Cheese/Beans  Bananas and Pink Custard (FBD) or Fruit	Sausage Brunch (Chipolatas with Baked Beans & Scrambled Egg with a slice of Bread)  Quorn Brunch (Quorn Sausages with Baked Beans & Scrambled Egg with a slice of Bread)  Hot Cheese Deli Roll, Crudities, & Banana  Jacket Potato with Chicken & Sweetcorn Mayo  Fruit and Jelly (FBD) or Fruit	Roast Lincolnshire Pork, served with Gravy, Roast Potatoes, Carrots & Cabbage  Stuffed Cheesy Potato with Carrots & Cabbage  Ham Salad Pitta Pockets, Crudities, Mini Cheddars & Fruit  Jacket Potato with Cheesy Coleslaw  Chocolate Mousse Slice or Fruit	Pasta Bolognese with Garlic Bread & Salad  Tomato & Vegetable Pasta with Garlic Bread & Salad  Chicken Salad Wrap, Crudities, Raisin & Sultana Bag & Yoghurt  Jacket Potato with Cheese/Beans  Toffee Apple Sponge with Custard (FBD) or Fruit	Vegetable Pizza with Herby Diced Potatoes & Baked Beans  Cheese & Tomato Pizza with Herby Diced Potatoes & Baked Beans  Egg Mayo Sandwich, Crudities & Fruit  Jacket Potato with Beans & Cheese  Lemon & Honey Cake or Fruit	** We endeavour to cater for Dietary Needs  ** Fish Cakes or Fish Fingers will contain Salmon at least once every 3 Weeks	
		<b>Week 6</b>  <b>w/c</b>  <b>5.2.18</b>	Mild Chilli Beef with Mini Mixed Veg & Flat Bread  Cheesy Vegetable Pasta with Mini Mixed Veg & Flat Bread  Sausage Roll, Crudities Raisin & Sultana Bag & Yoghurt  Jacket Potato with Cheese/Beans  Strawberry Sponge & Custard (FBD) or Fruit	Salmon Fish Cake with Beans & Herby Diced Potatoes  Country Veg Bakes with Beans & Herby Diced Potatoes  Chicken Salad Sandwich, Crudities & Fruit  Bacon/Cheese Filled Jacket Potato with Beans  Pancakes with Chocolate Sauce or Fruit	Roast Chicken & Stuffing, with Gravy, Roast Potatoes, Broccoli & Carrots  Quorn Pastie with Roast Potatoes, Broccoli & Carrots  Cream Cheese & Cucumber Sandwich, Crudities & Fruit  Jacket Potato with Tuna/Sweetcorn Mayo  Ice Cream or Fruit	Lincolnshire Chipolatas with Mashed Potato, Gravy & Green Beans  Quorn Sausages with Mashed Potato, Gravy & Green Beans  Hot Cheese Deli Roll, Crudites & Banana  Jacket Potato with Chilli  Fruity Sponge (FBD) or Fruit	Meaty Lasagne with Garlic Bread and Mixed Salad  Quorn Lasagne, Garlic Bread with Mixed Salad  Egg Mayo Sandwich, Crudities, & Fruit  Jacket Potato with Cheese/Beans  Fruit Yoghurts or Fruit	

## Willoughby Foods Allergen Information

Main Meals	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian
Sweet & Sour Pork	x		x			x				x	x				
Quorn, Cheese, Tomato & Basil Pasta	x		x				x								x
Breaded Fish	x		x	x			x			x					
Country Veg Bakes	x						x			x					x
Roast Lincolnshire Chicken															
Quorn Pasties	x		x			x	x								x
Pasta Bolognese	x					x									
Lincolnshire Sausages	x											x			
Veggie Sausage (Quorn)	x		x			x									x
Caribbean Chicken	x														
Cheesy Vegetable Mash	x		x				x								x
Turkey Meat Balls in a Rich Tomato & Basil Sauce	x														
Quorn Meat Balls in Rich Tomato & Basil Sauce	x		x												x
Roast Lincolnshire Gammon															
Stuffed Peppers	x						x								x
Sausage Plait	x		x				x					x			
Ham & Cheese Deli Roll	x		x			x	x				x				
Vegetable Pizza	x						x		x						x
Vegetable Pasta in Rich Tomato & Basil Sauce	x		x			x									
Ham & Pineapple Pizza	x						x					x			
Cheese & Tomato Pizza	x						x					x			x
Roast Lincolnshire Pork															
Cheesy Jacket Potato Skins			x				x								x
Chicken Nuggets	x						x								
Quorn Nuggets	x		x												x
Meaty Lasagne & Garlic Bread	x		x			x	x			x					
Quorn Lasagne & Garlic Bread	x		x			x	x		x	x					x
Chicken Curry, Mini Naan & Rice	x						x								
Macaroni Cheese	x		x				x			x					x
Salmon Fish Cakes	x			x			x			x					
Cheese & Tomato Pizza with Chips & Beans	x						x					x			x
Quorn Fillet	x		x			x									x
Chicken Burger	x						x								
Veggie Burgers	x						x			x					x

Main Meals	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian
Chicken & Vegetable Fajitas & Wrap	x		x							x	x				
Vegetable & Chickpea Curry	x						x								x
Sausage Brunch	x		x				x								
Quorn Brunch	x		x			x									x
Tomato & Vegetable Pasta	x					x	x			x					
Mild Chilli Beef	x					x									
Cheesy Vegetable Pasta	x		x				x								x
Country Vegetable Bakes	x						x								x
Cottage Pie	x						x								
Cowboy Chicken	x									x					

## Willoughby Foods Allergen Information

Side Dishes	Gluten	Cereals containing	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupins	Molluscs	Vegetarian
Apple Sauce																X
Baked Beans																X
Broccoli																X
Carrots																X
Cauliflower																X
Cheese								X								X
Chips																X
Coleslaw				X							X					X
Curly Fries	X															X
Herb Diced Potatoes	X															X
Roast Potatoes																X
Mashed Potato								X								X
Duchess Potatoes								X								X
Flat Bread	X							X								X
Garlic Bread	X						X									X
Gravy							X									X
Green Beans																X
Jacket Potato																X
Peas																X
Pasta	X															X
Naan Bread	X							X								X
Rice																X
Mixed Salad																X
Stuffing	X															X
Sweetcorn																X

All Gravy will be GF





